

# How to make... Goldilocks' porridge

Suitable for ages 3-11 with adult supervision

You will need:

- A mug for measuring
- A saucepan
- A spoon for stirring
- A spoon and bowl
- Oats
- Milk
- Water
- Fruit or other toppings



If you enjoyed Amy Tweed's reading of *Goldilocks and the Three Bears*, why not try making your own porridge for your breakfast? These instructions will make enough porridge for two small children, or one very hungry child. **You will need a grown up to help you.**

## Instructions

### Step 1:

Pour your oats into a mug, until it is half full.

### Step 2:

Tip the oats into the saucepan.

### Step 3:

Fill half the mug up with milk, and tip it into the saucepan.

### Step 4:

Fill half the mug up with water, and tip that into the saucepan too.

### Step 5:

Turn the hob on.





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## Step 6:

Stir your porridge until the oats thicken and are cooked. This will take about five minutes.

## Step 7:

When the porridge is ready, pour it into a bowl.



## Step 8:

Decorate your porridge with the toppings you like.

You can make your porridge into a bear by decorating it with fruit.

Other tasty toppings ideas:

- Make your porridge pink with mashed up raspberries or jam
- Try cinnamon or nutmeg to make it sweet and spicy.
- Banana and honey is very tasty.

